

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Pieters Stephanie HEADCOACH

Coaches: Buyck Tine

Coaches: Lasoen Sam

Coaches: Vlamijnck Robin

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:06
Heat: 4/7 Lane : 5 Athlete: VAN DOORNE LORE					Q-time: 01:08:26
PB (25m pool): 01:07.46 Maastricht 30/12/2024					PB (50m pool): 01:09.03 SB: 01:08.26 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.39		01:07.46	
	00:32.39		00:35.07		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:07
Heat: 5/7 Lane : 2 Athlete: BERKEIN ALESSIA					Q-time: 01:05:62
PB (25m pool): 01:05.62 TEMSE 23/11/2025					PB (50m pool): 01:05.06 SB: 01:05.62 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.02		01:05.62	
	00:32.02		00:33.60		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:07
Heat: 5/7 Lane : 3 Athlete: BUYLE GEIKE					Q-time: 01:05:20
PB (25m pool): 01:05.20 Temse 17/11/2025					PB (50m pool): 01:05.42 SB: 01:05.20 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.05		01:05.20	
	00:31.05		00:34.15		
					

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:07
Heat: 5/7 Lane : 4 Athlete: BUYLE LAURE					Q-time: 01:03:89
PB (25m pool): 01:03.89 Temse 17/11/2025					PB (50m pool): 01:06.73 SB: 01:03.89 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.29		01:03.89	
	00:31.29		00:32.60		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:07
Heat: 5/7 Lane : 5 Athlete: DE SMUL PAULINE					Q-time: 01:04:84
PB (25m pool): 01:04.84 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:06.74 SB: 01:04.84 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.16		01:04.84	
	00:31.16		00:33.68		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:09
Heat: 6/7 Lane : 2 Athlete: VLAMIJNCK LORE					Q-time: 01:02:52
PB (25m pool): 01:01.15 Diksmuide 19/11/2023					PB (50m pool): 01:02.97 SB: 01:02.52 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:01.15	
	no time				
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:09
Heat: 6/7 Lane : 3 Athlete: DE GRAVE LIZE					Q-time: 01:02:20
PB (25m pool): 01:02.20 T ROSCO 12/10/2025					PB (50m pool): 01:03.37 SB: 01:02.20 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.78		01:02.20	
	00:29.78		00:32.42		
					

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:09
Heat: 6/7 Lane : 5 Athlete: RUTSAERT EMILY					Q-time: 01:01:81
PB (25m pool): 01:01.81 Maastricht 30/12/2025			PB (50m pool): 01:02.94 SB: 01:01.81 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.51		01:01.81	
	00:29.51		00:32.30		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:09
Heat: 6/7 Lane : 6 Athlete: DE MULDER CHLOë					Q-time: 01:02:46
PB (25m pool): 01:02.46 Maastricht 30/12/2025			PB (50m pool): 01:03.83 SB: 01:02.46 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.09		01:02.46	
	00:30.09		00:32.37		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:10
Heat: 7/7 Lane : 3 Athlete: VAN AVONDT LINA					Q-time: 00:58:47
PB (25m pool): 00:58.47 Gent 09/11/2025			PB (50m pool): 00:59.54 SB: 00:58.47 Gent 09/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.05		00:58.47	
	00:28.05		00:30.42		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 14:15
Heat: 2/7 Lane : 1 Athlete: VAN DOORNE ARNO					Q-time: 01:28:15
PB (25m pool): 01:30.18 TEMSE 23/11/2025			PB (50m pool): 01:25.76 SB: 01:30.18 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.64		01:30.18	
	00:43.64		00:46.54		
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 14:23
Heat: 5/7 Lane : 8 Athlete: DE SMET KOBE					Q-time: 01:15:72
PB (25m pool): 01:15.72 Maastricht 30/12/2025			PB (50m pool): 01:16.69 SB: 01:15.72 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.51		01:15.72	
	00:36.51		00:39.21		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 14:25
Heat: 6/7 Lane : 2 Athlete: DE BRUYNE BRIEK					Q-time: 01:10:85
PB (25m pool): 01:10.85 Maastricht 30/12/2025			PB (50m pool): 01:13.61 SB: 01:10.85 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.56		01:10.85	
	00:34.56		00:36.29		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 14:25
Heat: 6/7 Lane : 6 Athlete: VROMAN FINN					Q-time: 01:10:67
PB (25m pool): 01:10.67 Maastricht 30/12/2025			PB (50m pool): 01:12.98 SB: 01:10.67 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.18		01:10.67	
	00:34.18		00:36.49		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 14:25
Heat: 6/7 Lane : 8 Athlete: DEGRANDE VIC					Q-time: 01:12:43
PB (25m pool): 01:12.43 TEMSE 23/11/2025			PB (50m pool): 01:14.98 SB: 01:12.43 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.09		01:12.43	
	00:35.09		00:37.34		
					

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 14:27
Heat: 7/7 Lane : 6 Athlete: VROMAN WOUT					Q-time: 01:04:81
PB (25m pool): 01:04.81 Maastricht 30/12/2025					PB (50m pool): 01:07.91 SB: 01:04.81 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.49		01:04.81	
	00:31.49		00:33.32		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 14:27
Heat: 7/7 Lane : 7 Athlete: DHOOG E LIAM					Q-time: 01:06:35
PB (25m pool): 01:05.89 Maastricht 30/12/2024					PB (50m pool): 01:07.24 SB: 01:06.35 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.90		01:05.89	
	00:31.90		00:33.99		
					

Coach feedback:

Event number: 15: 400M FREESTYLE MIXED 10-9						Heat:2, starttime: 14:38		
Heat: 2/4 Lane : 6 Athlete: DEBRUYNE NANE						Q-time: 99:99:99		
PB (25m pool): no time						PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 15: 400M FREESTYLE MIXED 10-9							Heat:2, starttime: 14:38	
Heat: 2/4 Lane : 7 Athlete: DEVREEZE NOOR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 15:03	
Heat: 1/6 Lane : 4 Athlete: DE SMET LORE							Q-time: 03:30:80	
PB (25m pool): 03:43.62 TEMSE 23/11/2025			PB (50m pool): 03:21.38SB: 03:43.62 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.06		01:54.77		02:54.26		03:43.62
	00:59.06		00:55.71		00:59.49		00:49.36	
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 15:03	
Heat: 1/6 Lane : 5 Athlete: DEGRANDE NORE							Q-time: 03:36:42	
PB (25m pool): no time			PB (50m pool): 03:21.18SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 5 Athlete: VAN DE STEENE LORE							Q-time: 03:19:21	
PB (25m pool): 03:20.21 TEMSE 23/11/2025				PB (50m pool): 03:09.76SB: 03:20.21 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.66		01:45.83		02:38.09		03:20.21
	00:52.66		00:53.17		00:52.26		00:42.12	
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 8 Athlete: DE VUSSER LAURE							Q-time: 03:30:30	
PB (25m pool): 03:34.54 TEMSE 23/11/2025			PB (50m pool): 03:19.55 SB: 03:34.54 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.75		01:47.57		02:46.41		03:34.54
	00:51.75		00:55.82		00:58.84		00:48.13	
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 15:12	
Heat: 3/6 Lane : 6 Athlete: BERKEIN FRANCESCA							Q-time: 03:12:37	
PB (25m pool): no time			PB (50m pool): 03:04.51 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 15:15	
Heat: 4/6 Lane : 4 Athlete: DE MULDER MAÏTHÉ							Q-time: 03:00:59	
PB (25m pool): 03:25.45 TEMSE 24/11/2024				PB (50m pool): 02:55.96 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.21		01:38.43		02:38.65		03:25.45
	00:47.21		00:51.22		01:00.22		00:46.80	
								

Coach feedback:

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Event number: 16: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 15:15	
Heat: 4/6 Lane : 8 Athlete: DE MUER ANNA							Q-time: 03:09:28	
PB (25m pool): no time			PB (50m pool): 03:05.41 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 15:19	
Heat: 5/6 Lane : 3 Athlete: DE WULF ALEXINE							Q-time: 02:50:78	
PB (25m pool): 03:40.55 Sinbad 24/03/2024				PB (50m pool): 02:50.78SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:40.55
	no time							
								

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:40	
Heat: 1/4 Lane : 3 Athlete: VAN DE STEENE LORE							Q-time: 00:52:57	
PB (25m pool): no time				PB (50m pool): 00:52.57 SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:40		
Heat: 1/4 Lane : 4 Athlete: DE SMET LORE							Q-time: 00:49:86		
PB (25m pool): no time				PB (50m pool): 00:49.86				SB: no time	
PB	2 5 M		5 0 M						
			no time						
			no time						
									

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 15:40
Heat: 1/4 Lane : 5 Athlete: DE VUSSER LAURE			Q-time: 00:50:79
PB (25m pool): no time PB (50m pool): 00:50.79 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 15:40
Heat: 1/4 Lane : 6 Athlete: DEGRANDE NORE			Q-time: 00:55:47
PB (25m pool): no time PB (50m pool): 00:55.47 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 15:42
Heat: 2/4 Lane : 2 Athlete: DE MUER ANNA			Q-time: 00:44:12
PB (25m pool): no time PB (50m pool): 00:44.12 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 15:42
Heat: 2/4 Lane : 8 Athlete: BERKEIN FRANCESCA			Q-time: 00:48:27
PB (25m pool): no time PB (50m pool): 00:48.27 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 18: 50M BUTTERFLY WOMEN 11+				Heat:3, starttime: 15:43			
Heat: 3/4 Lane : 1 Athlete: DE MULDER MAÏTHÉ				Q-time: 00:38:77			
PB (25m pool): 00:40.64 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:38.77 SB: 00:40.64 Sint-Amandsberg 19/10/2025			
	2 5 M	5 0 M					
PB		00:40.64					
		00:40.64					
							

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:03	
Heat: 2/5 Lane : 5 Athlete: VAN DOORNE ARNO							Q-time: 05:52:65	
PB (25m pool): no time			PB (50m pool): 05:41.65SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:37			
Heat: 5/6 Lane : 2 Athlete: VAN DOORNE LORE							Q-time: 01:26:45			
PB (25m pool): 01:26.45 Maastricht 30/12/2025				PB (50m pool): 01:27.69SB: 01:26.45 Maastricht 30/12/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M			
PB			00:41.00				01:26.45			
	00:41.00				00:45.45					
										

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:39
Heat: 6/6 Lane : 6 Athlete: DE GRAVE LIZE					Q-time: 01:19:54
PB (25m pool): 01:19.54 Maastricht 30/12/2025			PB (50m pool): 01:22.08 SB: 01:19.54 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.45		01:19.54	
	00:37.45		00:42.09		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:39
Heat: 6/6 Lane : 7 Athlete: BERKEIN ALESSIA					Q-time: 01:21:12
PB (25m pool): 01:21.12 Sint-Amansberg 19/10/2025			PB (50m pool): 01:21.88 SB: 01:21.12 Sint-Amansberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.56		01:21.12	
	00:38.56		00:42.56		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:39
Heat: 6/6 Lane : 8 Athlete: RUTSAERT EMILY					Q-time: 01:23:27
PB (25m pool): 01:23.27 Maastricht 30/12/2025			PB (50m pool): 01:27.99 SB: 01:23.27 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.94		01:23.27	
	00:38.94		00:44.33		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:44
Heat: 2/4 Lane : 4 Athlete: DEGRANDE VIC					Q-time: 01:17:76
PB (25m pool): 01:17.76 Sint-Amansberg 19/10/2025			PB (50m pool): 01:18.25 SB: 01:17.76 Sint-Amansberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.32		01:17.76	
	00:36.32		00:41.44		
					

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:44
Heat: 2/4 Lane : 6 Athlete: DE SMET KOBE					Q-time: 01:21:66
PB (25m pool): 01:21.91 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:21.24 SB: 01:21.91 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.04		01:21.91	
	00:37.04		00:44.87		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:44
Heat: 2/4 Lane : 7 Athlete: DE BRUYNE BRIEK					Q-time: 01:23:47
PB (25m pool): 01:23.47 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:28.69 SB: 01:23.47 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.82		01:23.47	
	00:37.82		00:45.65		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 16:45
Heat: 3/4 Lane : 6 Athlete: VROMAN FINN					Q-time: 01:13:49
PB (25m pool): 01:13.49 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:13.88 SB: 01:13.49 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.27		01:13.49	
	00:34.27		00:39.22		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 16:47
Heat: 4/4 Lane : 1 Athlete: VROMAN WOUT					Q-time: 01:08:47
PB (25m pool): 01:08.81 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:08.47 SB: 01:08.81 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.29		01:08.81	
	00:32.29		00:36.52		
					

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 16:47
Heat: 4/4 Lane : 2 Athlete: DHOOGHE LIAM					Q-time: 01:05:05
PB (25m pool): 01:05.05 Maastricht 30/12/2025					PB (50m pool): 01:07.58 SB: 01:05.05 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.56		01:05.05	
	00:29.56		00:35.49		
					

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:54	
Heat: 2/3 Lane : 6 Athlete: DE WULF ALEXINE							Q-time: 02:52:43	
PB (25m pool): 02:55.49 LEUVEN 23/11/2025			PB (50m pool): 02:52.43SB: 02:55.49 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.26		01:25.41		02:10.96		02:55.49
	00:40.26		00:45.15		00:45.55		00:44.53	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:58	
Heat: 3/3 Lane : 1 Athlete: VLAMIJNCK LORE							Q-time: 02:34:11	
PB (25m pool): 02:34.11 LEUVEN 23/11/2025			PB (50m pool): 02:39.28SB: 02:34.11 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.02		01:16.35		01:55.64		02:34.11
	00:37.02		00:39.33		00:39.29		00:38.47	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:58	
Heat: 3/3 Lane : 2 Athlete: DE MULDER CHLOë							Q-time: 02:32:53	
PB (25m pool): 02:32.53 T ROSCO 12/10/2025				PB (50m pool): 02:39.60SB: 02:32.53 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.80		01:15.86		01:54.33		02:32.53
	00:36.80		00:39.06		00:38.47		00:38.20	
								

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:58	
Heat: 3/3 Lane : 4 Athlete: VAN AVONDT LINA							Q-time: 02:23:79	
PB (25m pool): 02:23.79 LEUVEN 23/11/2025				PB (50m pool): 02:30.67 SB: 02:23.79 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.42		01:10.88		01:47.37		02:23.79
	00:34.42		00:36.46		00:36.49		00:36.42	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:58	
Heat: 3/3 Lane : 5 Athlete: BUYLE GEIKE							Q-time: 02:28:88	
PB (25m pool): 02:28.88 TEMSE 23/11/2025				PB (50m pool): 02:34.60SB: 02:28.88 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.23		01:13.42		01:51.46		02:28.88
	00:35.23		00:38.19		00:38.04		00:37.42	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:58	
Heat: 3/3 Lane : 7 Athlete: BUYLE LAURE							Q-time: 02:33:89	
PB (25m pool): 02:33.89 Temse 17/11/2025			PB (50m pool): 02:46.32SB: 02:33.89 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.73		01:16.26		01:55.73		02:33.89
	00:36.73		00:39.53		00:39.47		00:38.16	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:58	
Heat: 3/3 Lane : 8 Athlete: DE SMUL PAULINE							Q-time: 02:35:31	
PB (25m pool): 02:35.31 LEUVEN 23/11/2025			PB (50m pool): 02:38.57 SB: 02:35.31 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.72		01:15.76		01:55.60		02:35.31
	00:36.72		00:39.04		00:39.84		00:39.71	
								

Coach feedback: